

Amt der Stadt Dornbirn
Rathausplatz 2
A 6850 Dornbirn



Mr. and Mrs.

Dr. Gerald Newmark

The Childrens Project
18653, Ventura Blvd 547
Tarzana, CA 91356
USA

Bildung und Integration

Dr. Roland Andergassen

Tel.: 05572/306-4100

Fax: 05572/306-4008

roland.andergassen@dornbirn.

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Emotionally:

Recommendation Dr. Newmark

8. Oktober 2009

Letter of Recommendation

Dr. Newmark was invited to speak in our town on the occasion of the presentation of the German edition of his book „How to Raise Emotionally Healthy Children“.

Inspired by the example of Salinas CA., it is the intention of the City of Dornbirn to use Dr. Newmark's book as a tool to improve human relations in our community. We see this as a worthwhile and comprehensive social investment in our families, schools, businesses, associations – in short in society on the whole.

In his charming and humorous way Dr. Newmark succeeded in establishing an immediate connection with the audience. The listeners opened spontaneously to his message about the importance of emotional health. It became apparent that the five critical emotional needs (to feel respected, important, accepted, included, and secure) are universal principles. Observing them helps all of us to improve our own lives as well as the lives of the people around us.

The examples he presented (from his own life, stories collected from attendants of his prior presentations) made it easy to understand his concept of emotional health. Hearing about things we can set out to do immediately has raised the confidence that it might not be so very difficult to integrate the principles of emotional health into our everyday lives.

In the course of the next two years Ingrid Flaig, who has translated the book into German, will make a series of presentations in Dornbirn in an effort to reach people from all the areas mentioned above. Workshops to deepen the impact of the book and its principles will also be made available to the general public, thus effectively implanting these values in the fabric of our community.

We are just at the beginning of this process, and we are convinced that the impulses triggered by Dr. Newmark's book will be extremely valuable and lead to a lasting improvement in our community.

I would like to express my sincere wishes for a lot of success to Dr. Newmark and his wife as well as to all the communities, who will decide to engage in similar projects.

With kind regards

Dr. Roland Andergassen